



Get Ready[®] for bariatric surgery

Remote patient management for truly connected care

Bariatric departments can face multiple challenges, including:

Why is
Get Ready[®]
valuable?



Reliably tracking where each patient is along the care pathway



Ensuring patients are getting the right information at the right time



Engaging patients in their own long-term care



Enabling safe, early discharge that would free up hospital capacity

What is Get Ready[®]?

Get Ready[®] is a digital, remote patient management solution that aims to optimize the entire bariatric care pathway, from patient preparation to post-intervention follow-up.

Get Ready[®] helps you create a closer connection to your bariatric patients and empowers them to manage their own health. Its integrated communications enable remote patient preparation and monitoring, and provide education and advice.

With Get Ready[®] you can now care more closely – from a distance.

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Our Get Ready® solution enables:



Education

Bariatric patients receive relevant and engaging content and guidance at different stages of their treatment, such as:

- Preparation checklists
- Discharge instructions
- Guidelines on lifestyle changes e.g., diet, exercise

This enables patients to be optimally prepared for surgery, supported during long-term follow-up, and encouraged as they make lifestyle changes that will empower them to achieve their goals.



Monitoring & adherence

Bariatric patients, through our multichannel platform (web, mobile, SMS) can register symptoms, enter vital-sign measurements, and track weight loss progress over the long-term. Care teams can monitor patients remotely and identify, as early as possible, any deterioration in the patient's health status throughout the entire pathway.



Communication

Patients can communicate with their care teams via secure in-app messaging, receive reminders of important tasks, report on completed activities and weight loss progress.

Get Ready® is an innovative solution for bariatric departments that includes:

- An extensive library of educational material and protocols
- Ability to use across multiple therapies and pathway phases, e.g., colorectal, hernia, and more
- Flexibility and configurability
- Easy deployment
- Security and full GDPR compliance
- A proven track record: already used by 15K+ patients in Europe
- Pathway optimization services



Bariatric surgery is a journey

Get Ready® helps patients and care teams along the way

Are you ready for truly connected care in your hospital?

Contact your Medtronic representative to learn more or contact us at rs.omh@medtronic.com



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